

HEART RATE MONITOR USER MANUAL

Thank you for selecting this product as your heart rate monitor of choice. This product will track your data in real time during your fitness workout and is also compatible with a variety of fitness apps on your smart phone.

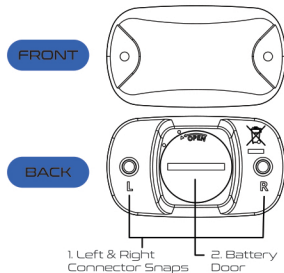
IMPORTANT

This product is for recreational sports purposes only and it is not meant to replace any medical device.

This manual contains important safety and care information, and provides step-by-step instructions for using this product. Read this manual thoroughly, and keep it in a safe place for any future reference.

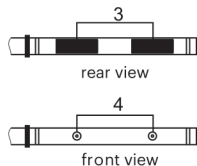
DEVICE OVERVIEW

A. Heart Rate Transmitter Pod



B. Chest Strap

3. Conductive Pads
4. Snap-On Button Connectors



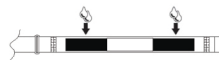
GETTING STARTED

A. Unpacking the Product

In this box, you will find:

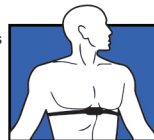
- 1 - Heart Rate Transmitter
- 1 - Adjustable elastic strap
- 1 - CR2032 battery
- 1 - User Manual

B. How to Wear the Chest Strap

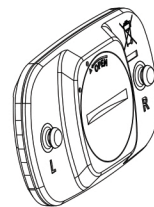


Wet the conductive pads on the strap with a few drops of water or conductive gel to ensure direct contact to the skin.

Secure the strap across your chest. To ensure an accurate heart rate signal, adjust the strap until it fits snug below your chest (pectoral muscles).



Attach the transmitter to the strap. Make sure the fitness logo is facing right side up and the "L" mark on the back of the transmitter is connected to the left most snap when the strap is being worn.



WARNING

Inaccurate heart rate data will be detected if the device is worn upside down.

WARNING



Do not clean the transmitter pod and strap in a washing machine or dryer.



Before hand washing the strap, detach the transmitter pod from the snaps.



The transmitter pod should not be washed. To clean the pod, wipe with a damp cloth. Ensure that the pod is fully dry before using.



While washing the strap, make sure water is no warmer than 86° F.



Ironing, bleaching, or heating will damage the strap and pod.

BATTERIES

The transmitter pod uses one CR2032 3V battery. The battery does not come installed and typically lasts 180 hours. Before you can begin using the device, you must first install the accompanying battery.

REPLACING YOUR BATTERY

Using a coin, twist counter clockwise to open the battery cover.



Remove the old battery and insert the new battery into the cover, with the + (plus) side facing to the cover.

Install the battery cover back into place by twisting it clockwise until it is firmly in place.

IMPORTANT

Batteries must be disposed of properly. Please check your local waste disposal guidelines for proper battery disposal procedures.

Batteries are extremely dangerous if swallowed. Therefore, keep batteries and any small articles included with this product away from children. If a battery or small article has been swallowed, seek immediate medical attention.

The battery supplied should not be recharged, reactivated, or dismantled. Keep batteries away from fire.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Product Warranty

The Heart Rate Monitor has a one-year warranty and the Strap has a 3-month warranty from date of purchase.

Proof of purchase will be required to validate warranty period. If you require additional assistance, please email support@accurofit.com